

# Clear ANSWERS to Questions that Matter



**HARMONY PRENATAL TEST** is a new DNA-based blood test for Down syndrome. Harmony is more accurate than traditional tests and can be performed as early as 10 weeks in pregnancy.



# CONGRATULATIONS

on your pregnancy! Now that you are pregnant, supporting your baby's development is your top priority.

## Introduction

During your pregnancy, your healthcare providers will offer various tests to help you assess the baby's health.

As part of your care, you will be given the option to test for Down syndrome, a rare genetic condition that affects physical and mental development.

### **Experts Support Down Syndrome Testing**

Some genetic conditions run in families. Others, like Down syndrome, typically do not. They can happen in any pregnancy.

Although the risk of Down syndrome increases with age, most babies with Down syndrome are born to women under 35.

That is why the American College of Obstetricians and Gynecologists (ACOG) recommends all pregnant women be offered a test for Down syndrome.



## What is Harmony?

When you're pregnant, your blood contains fragments of your baby's DNA.

Harmony Prenatal Test is a new type of test that analyzes this DNA in a sample of your blood to predict the risk of Down syndrome (trisomy 21) and two other genetic conditions, trisomy 18 (Edwards syndrome) and trisomy 13 (Patau syndrome).

### **For Women of Any Age or Risk Category**

Traditional blood tests can miss as many as 15% of Down syndrome cases in pregnant women.

Harmony was developed to be a more accurate prenatal Down syndrome test for women of any age or risk category. It is a new DNA-based blood test that has been extensively tested in pregnant women ages 18-50 for trisomy 21.

### **A More Accurate Test**

Harmony has been shown in clinical testing to identify 99% of Down syndrome cases and to have a false-positive rate of less than 0.1%.

## Harmony versus Traditional Down Syndrome Tests

	FALSE-POSITIVE RATE*	DETECTION RATE**
<b>HARMONY</b> Prenatal Test	Less than 1 in 1,000	More than 99 in 100
<b>TRADITIONAL</b> First Trimester Screening	1 in 20	85 in 100

\* Reports a high risk for Down syndrome when it is NOT actually present

\*\* Correctly indicates a high risk for Down syndrome when it IS present

### Clarity Early

Harmony Prenatal Test requires a single blood draw and can be done as early as 10 weeks or later in pregnancy.

Results are usually available in about seven business days. Other commonly used tests for Down syndrome are performed later in pregnancy and require multiple office visits.

### Minimizes Need for Follow-up Tests

The greater accuracy and low false-positive rate of Harmony compared to traditional tests minimizes the chance further testing would be recommended due to a positive result. Follow-up testing might include an invasive procedure, such as amniocentesis.

### Fetal Sex Chromosomes

Harmony Prenatal Test can also be used as early as 10 weeks to evaluate X and Y sex chromosomes.

You have the option to test for conditions caused by having an extra or missing copy of the X or Y chromosomes, including Turner and Klinefelter syndromes.



## ASK Your Prenatal Healthcare Provider

What can I learn from the Harmony test?

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How does Harmony differ from other Down syndrome tests?

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What are the advantages of using Harmony rather than traditional tests?

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Do you offer the Harmony test in your office or through a laboratory?

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How can I find out how much the Harmony test costs?

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When and how will you notify me of the Harmony test result?

Visit us at **harmonytest.com**, where you can find more questions to ask your doctor about Harmony.

## Three Simple Steps to Clarity



**1.** At 10 weeks or later, you get a simple blood test.



**2.** Your blood sample is sent to the Harmony laboratory, where it is analyzed.



**3.** Your results are sent to your healthcare provider in about seven business days.

## Your Results

The test result will give you a clear answer about the risk to your pregnancy of having any of the genetic conditions included in the test.

Once you have your Harmony test results, you can discuss your pregnancy care with your healthcare provider.

For help, email **clientservices@ariosadx.com** or call **1-855-9-ARIOSA** (855-927-4672)

Outside the USA, call **+1 925-854-6246**