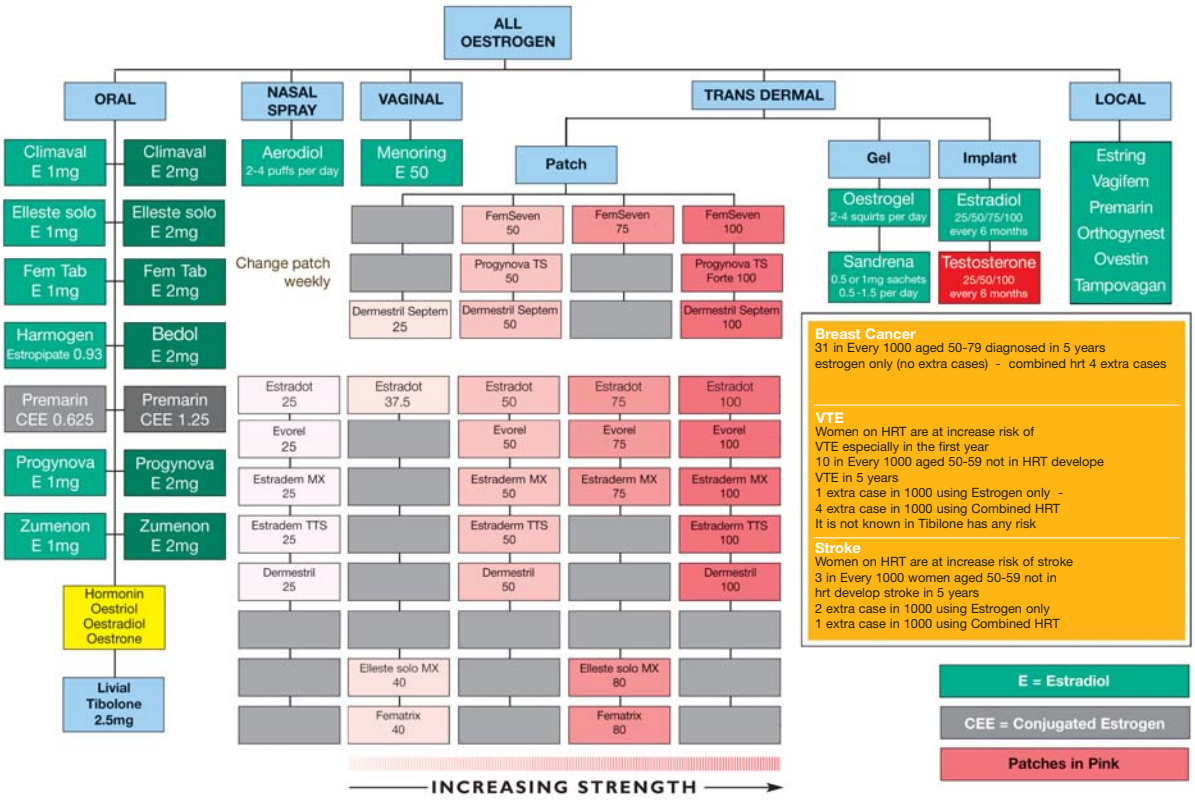
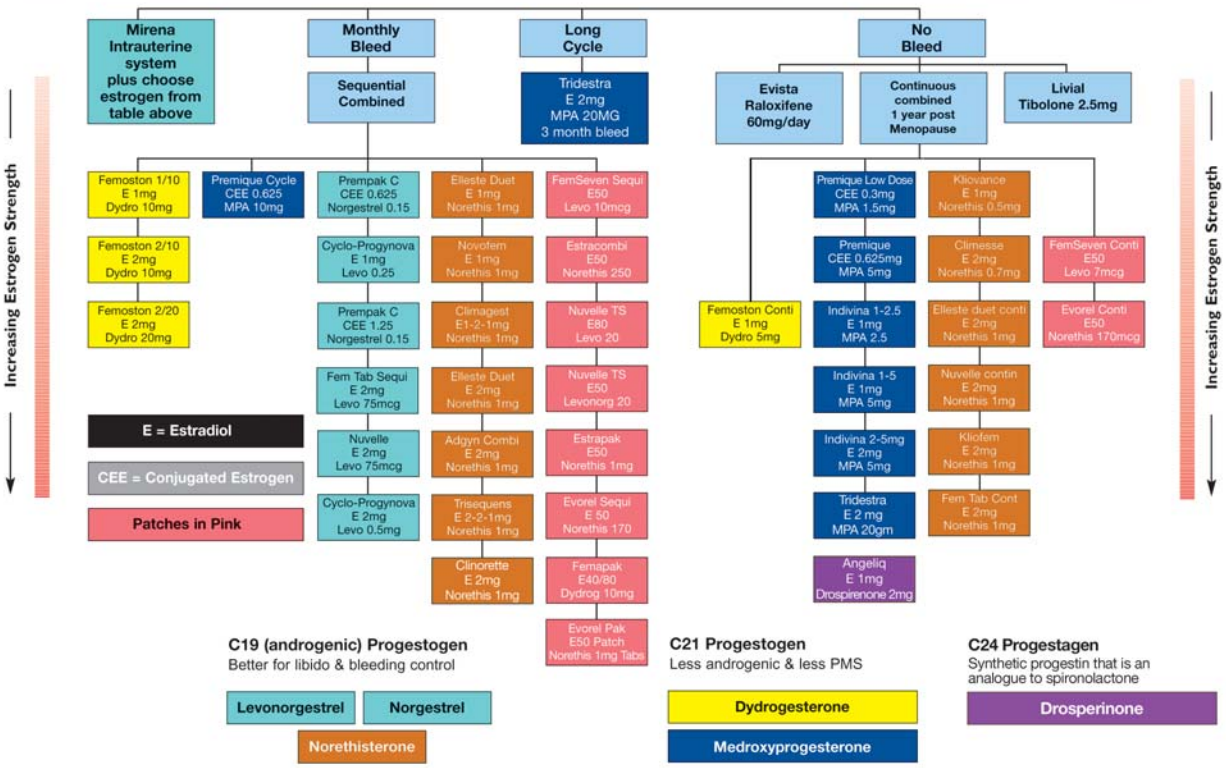
FOGARTY'S FORMULARY© 2007

HRT BY COLOURS... by DR. PP. FOGARTY MD FRCOG CONSULTANT OBSTETRICIAN & GYNAECOLOGIST Ulster Hospital

AFTER HYSTERECTOMY



UTERUS INTACT or cases of sub-total hysterectomy, endometriosis and post endometrial ablation



USING THE FORMULARY After establishing if the patient has had a hysterectomy choose the appropiate half of the formulary. Then choose the route and select a preparation from that column.The patient should then be reviewed after 3 months when adjustments can be made to dose or type of HRT.

Many minor side effects will have settled in these first few months but if they remain troublesome then adjustment of the Estrogen or Progestereone dosage and or route of administration will usually sort out these problems. Estrogen and Progesterones are colour coded to help choose the correct alternative.